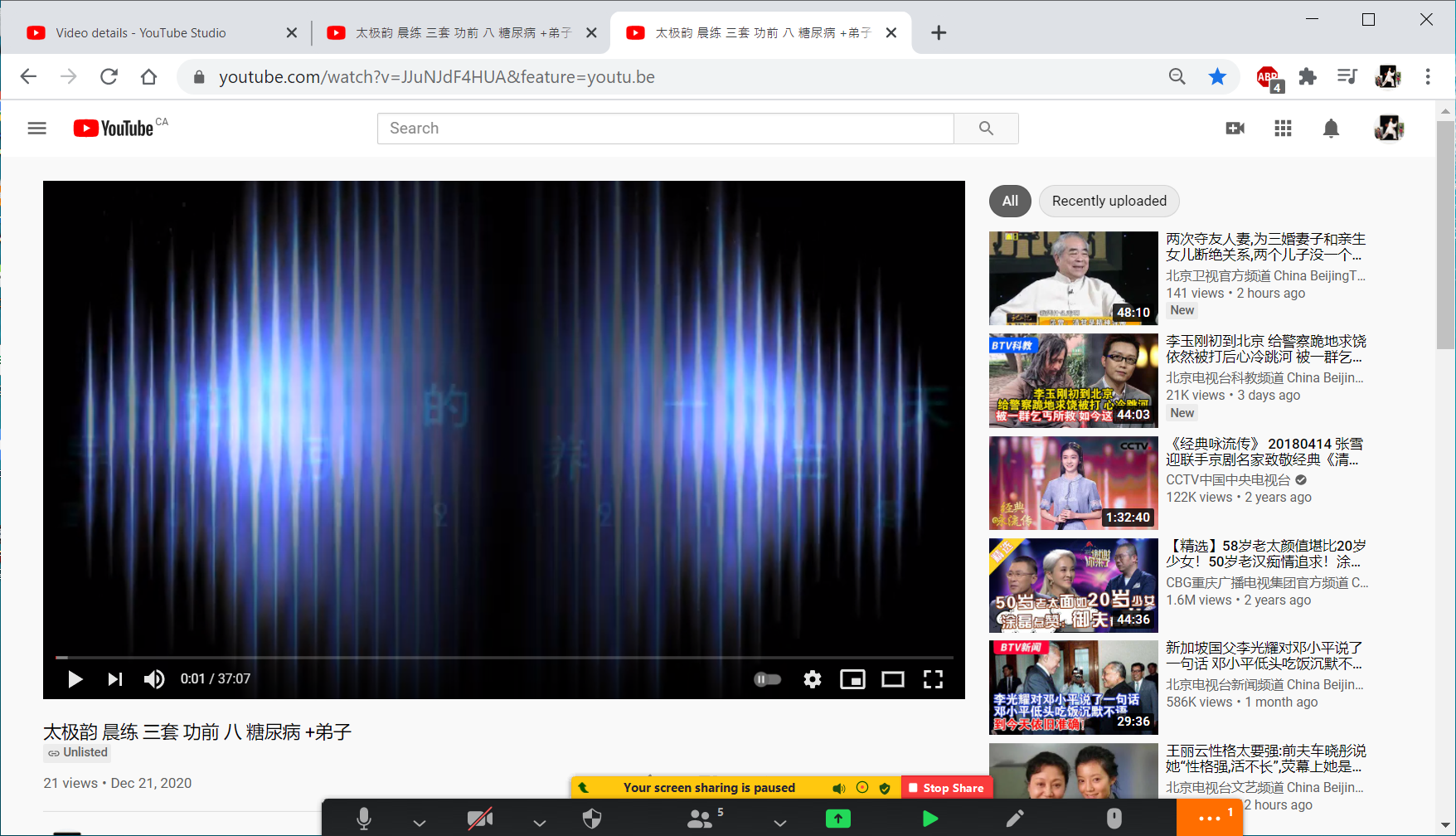
Zoom host instruction

1, open the video at desktop (will be provide accordingly)

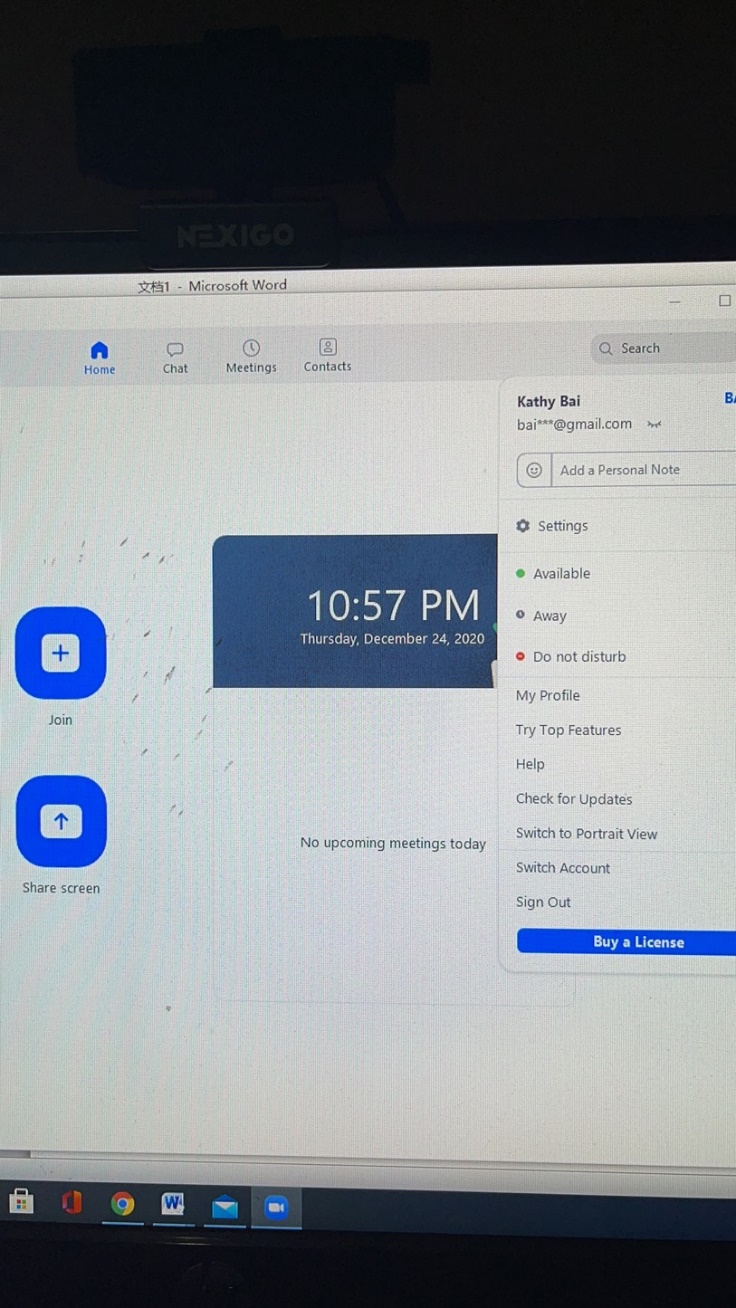


2,

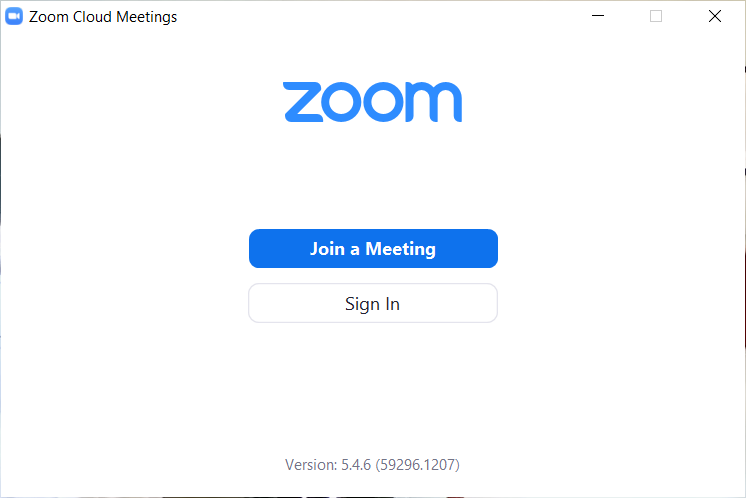


**请不要点击任何没有出现在以下的视频**

* Sign out from your Zoom account



* Sign In

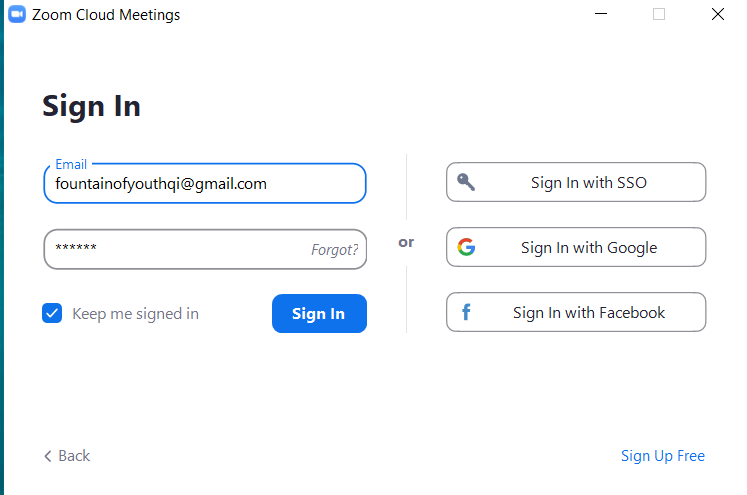


[fountainofyouthqi@gmail.com](mailto:fountainofyouthqi@gmail.com)

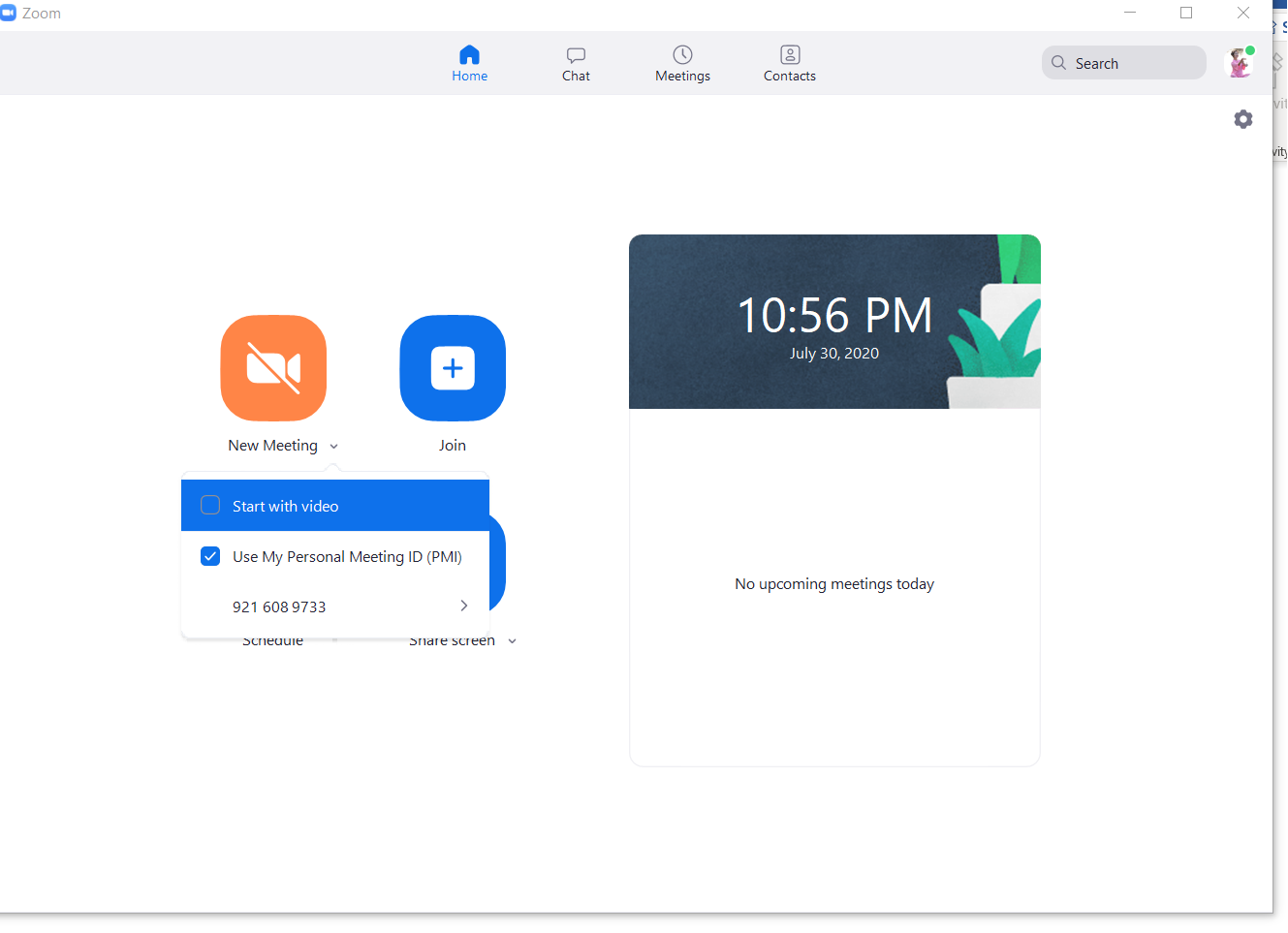
Sxxxxxxss (will provide separately)



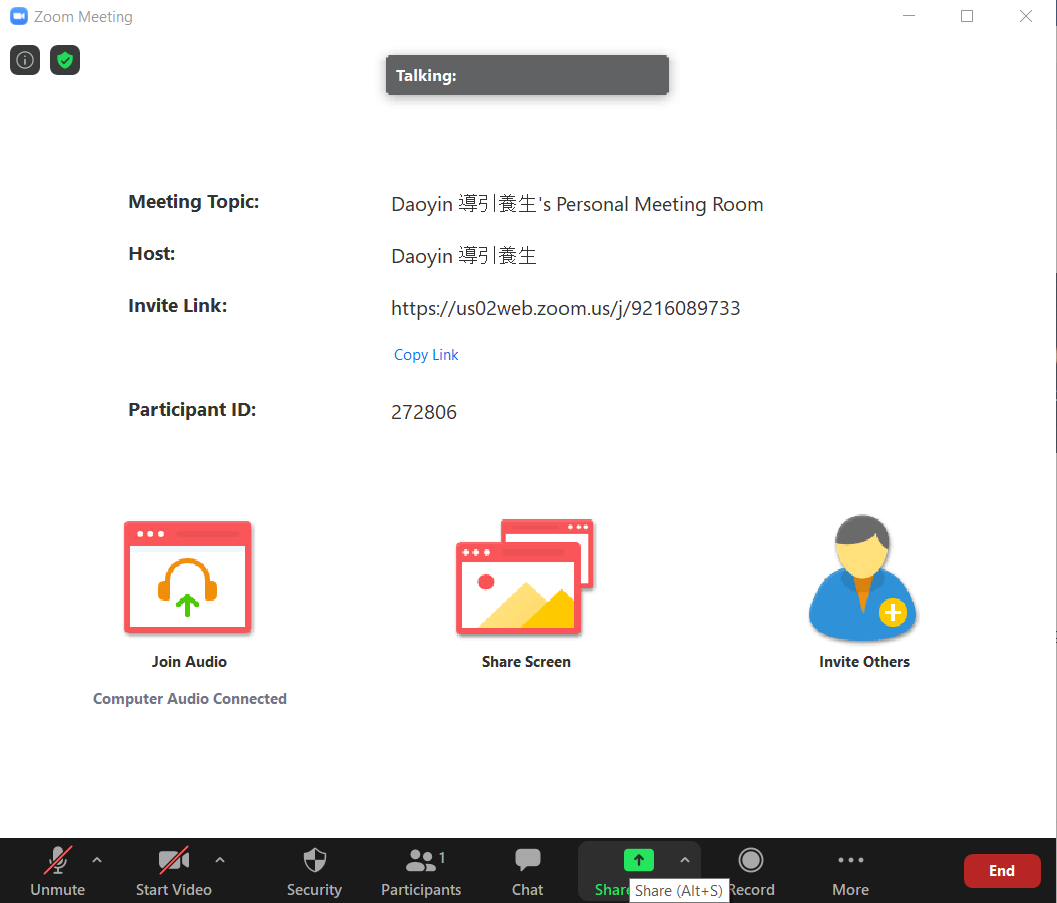
**一旦sign in, 整个太极韵的练功平台都由您控制了**



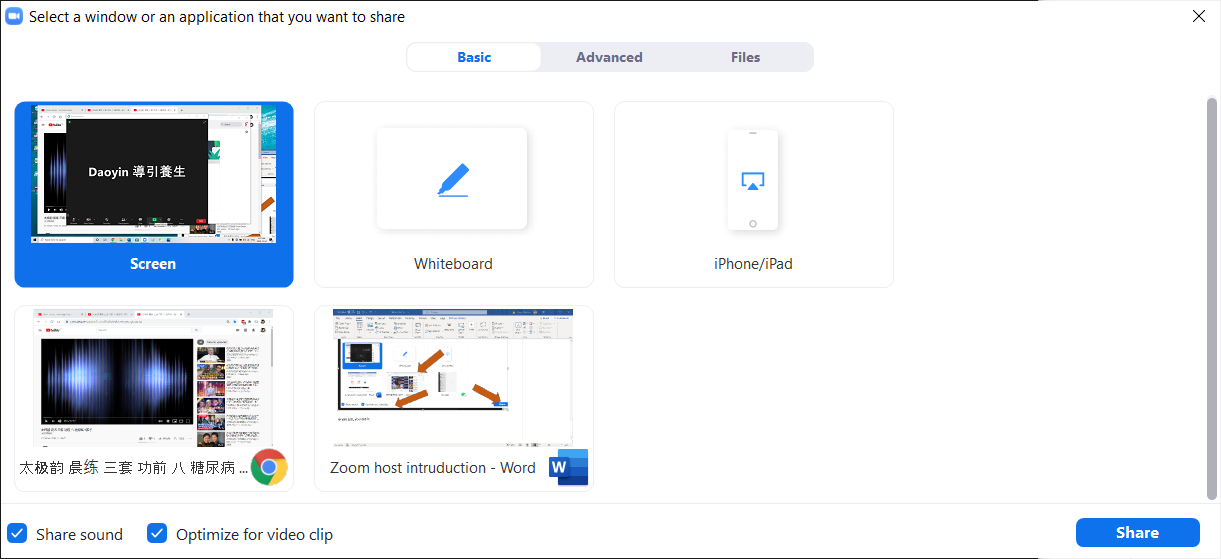
3, select New Meeting, make sure Zoom ID: 9216089733



4， click the Share screen



5, select the videos, and check the bottom



**第一步**

**第三步**

**第二步**

Great job, you did it.

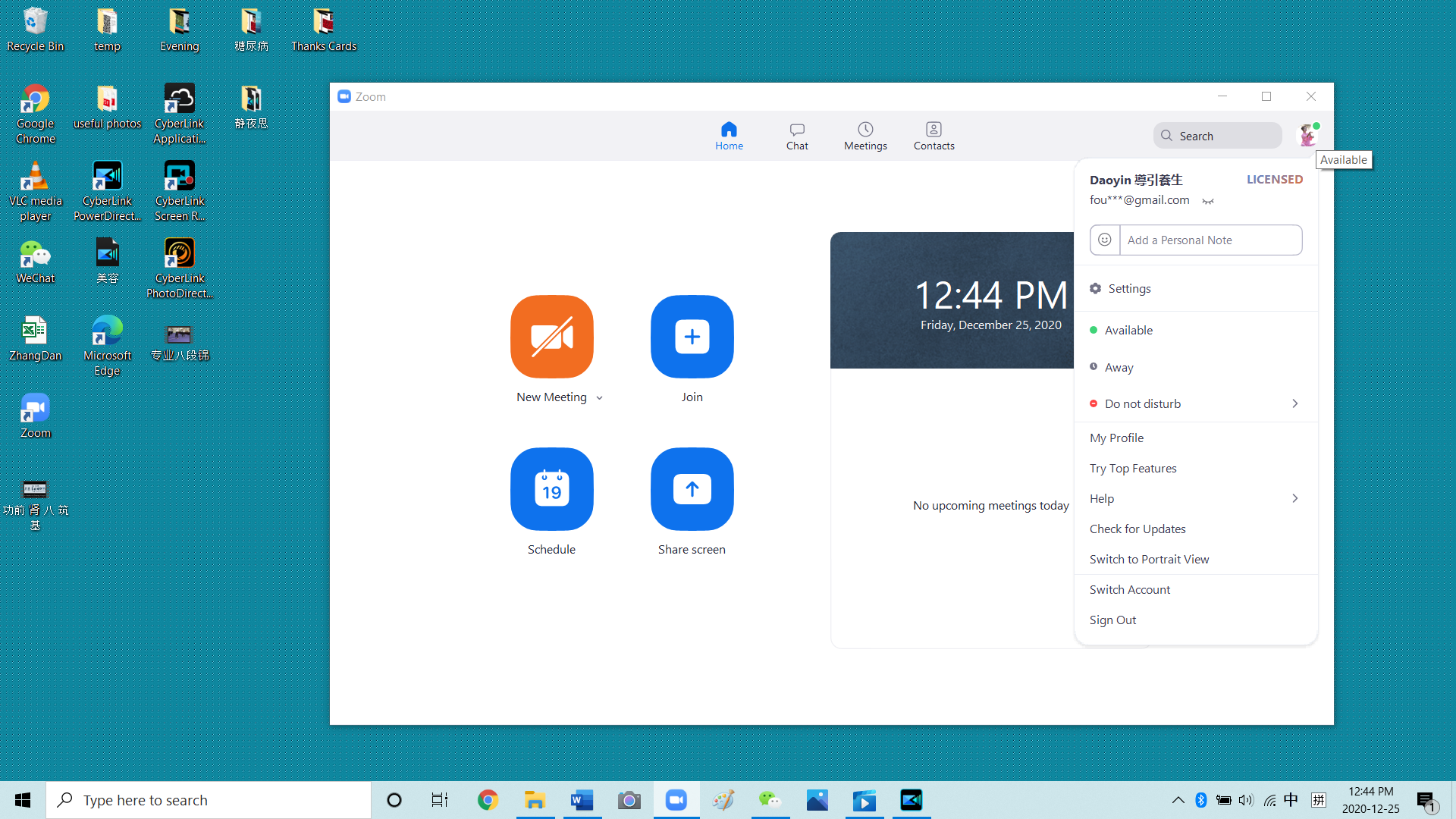
在播放练功视频前若想分享另外的视频，请见最后一页

以下是结束练习后的二种选择

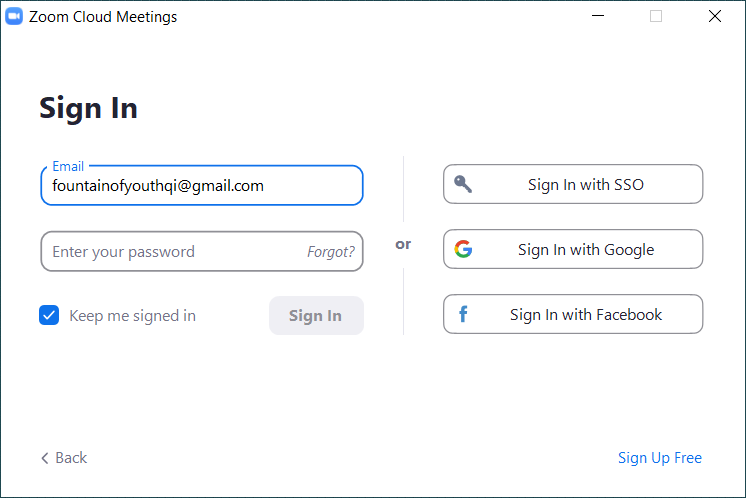


6, When the Video ending, please leaving for yourself.

**1**



**2**







在播放练功视频前若想分享另外的视频，请按由Kathy Bai 提供的步骤：

1、当从A页面转换到B页面之前，不必点击“stop share”，只要先中止此页面的播放，退出全屏；

2、在浏览器中点击你想要播放的B视频的页面，再播放并进入全屏即可。

3、等练功视频播完了，再点击“stop screen”, 退出share ，回到原来的meeting room。